

# SUNDAY MENU

THE  
MILTON  
ARMS

2 COURSES £22 | 3 COURSES £25

Choose from any of our starters, roasts or pie roasts & desserts to create your own deal

## STARTERS



**KING PRAWN TACOS** ..... £7.50

*with citrus slaw* 302 CAL

**TERIYAKI BELLY PORK** ..... £7.00

*with sesame greens* 719 CAL

**KOREAN CHICKEN STRIPS** ..... £7.00

*with sticky rice* 561 CAL

**SPINACH & CAULIFLOWER**

**PAKORAS** VG ..... £7.00

*with red pakora sauce* 182 CAL

**BRUSCHETTA** ..... £7.00

*Tomato, olive, mozzarella & basil* 221 CAL

## SUNDAY ROASTS

*All served with roast & mashed potatoes, seasonal vegetables, Yorkshire pudding & gravy*

**ROAST SIRLOIN OF BEEF** ..... £17.50

1041 CAL

**ROAST LOIN OF PORK** ..... £16.50

1020 CAL

**HALF ROAST CHICKEN** ..... £16.50

946 CAL

**HOMEMADE VEGETABLE ROAST** .... £15.95

878 CAL

## KIDS SUNDAY ROAST

ALL  
£7.00

**ROAST BEEF** 521 CAL

**ROAST PORK** 510 CAL

**HOMEMADE VEGETABLE ROAST** v, vGO  
439 CAL

## PIE SUNDAY ROAST

ALL  
£15.95

**HOMEMADE PIE SUNDAY ROASTS, WITH ALL THE TRIMMINGS** v, vGO

*Ask for today's selection*

## SIDES

**CREAMED CABBAGE & BACON** ..... £3.00  
269 CAL

**CAULIFLOWER CHEESE** ..... £3.00  
242 CAL

**ROAST POTATOES** ..... £3.00  
427 CAL

**MASHED POTATOES** ..... £3.00  
541 CAL

**YORKSHIRE PUDDING & GRAVY** ..... £3.95  
239 CAL



# MAINS



**SALMON PUTTANESCA** ..... **£16.00**  
337 CAL

**FISH & CHIPS** VGO ..... **£15.00**  
1604 CAL / VGO: 1508 CAL

*Beer-battered haddock fillet, hand-cut chips mushy peas & homemade tartar sauce*

**MAPLE GLAZED BELLY PORK** ..... **£15.00**  
*with new potato & wholegrain mustard salad* 1427 CAL

**PROSCIUTTO WRAPPED CHICKEN BREAST** ..... **£16.00**  
*with French-style peas, asparagus & parmesan* 761 CAL

**HOMEMADE PIES** VO, VGO ..... **£14.50**  
*with chips, gravy & either garden or mushy peas*

**MOROCCAN VEGETABLE & CHICKPEA TAGINE** VG ..... **£12.00**  
*with almond & coriander couscous* 827 CAL

# BURGERS



*Served on a pretzel bun with gem lettuce, sliced tomato, fries & house slaw*

**HOUSE BURGER**  
*Single beef patty, bacon, relish & Monterey Jack cheese*  
1315 CAL

**BUTTERMILK FRIED CHICKEN BURGER**  
*Chicken breast, bacon, relish & Monterey Jack cheese*  
1763 CAL

**SPINACH & GREEN PEA BURGER** V, VGO  
*Spinach, peas and potato patty with lemon & dill mayonnaise* 1257 CAL



If you have a question, food allergy or intolerance, please let us know before placing your order. Full allergen information is available upon request or via the QR code below. Food is prepared in an area where cross-contamination may occur and our menu descriptions do not list all ingredients.

Fish and poultry products may contain small bones.  
V: vegetarian, VO: vegetarian option available, VG: vegan, VGO: vegan option available.

# DESSERTS

ALL  
£6.00

**RHUBARB CRUMBLE CHEESECAKE**  
*with lemon curd ice cream*  
745 CAL

**WARM CHOCOLATE BROWNIE** V, VGO  
*with vanilla ice cream & chocolate sauce*  
608 CAL

**COCONUT AND RASPBERRY CAKE** V, VGO  
*with whipped cream*  
739 CAL

**ICE CREAM** V, VGO  
537 CAL



# REWARDS

*Collect points every time you visit a True North venue.*

*Ask your server for details or visit:*  
**[rewards.truenorthbrewco.uk](http://rewards.truenorthbrewco.uk)**

# LUNCH CLUB

*Smaller portions but the same great taste,*

**All £10**

*Available 12pm - 5pm every weekday.*



# PARTY BOOKINGS

*If you would like to book a party or chat to someone, call us on*

**01226 610 910**

*or email:*

**[bookings@miltonarmselecar.com](mailto:bookings@miltonarmselecar.com)**